



# STAY HEALTHY, BE ACTIVE, KEEP FIT WITH OUNDLE FITNESS

## BENEFIT FROM OUR ...

New look, refurbished gym and new studio.

Bigger classes and a more varied class timetable in our brand new purpose built studio.

Qualified and experienced instructors, personal trainers and sports massage therapists.



Call: **01832 27 33 37** | Email: [info@oundlefitness.com](mailto:info@oundlefitness.com)

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